

It's About Childhood & Family, Inc.
P.O. Box 281
Jamesville, NY 13078

It's About Childhood & Family, Inc.
Training Institute

**Transforming the Difficult Child:
The Nurtured Heart Approach**

A One-Day or Three-Part Seminar for Therapists, Educators, and Parents, that teaches an approach with extraordinary results for ADHD and other challenging behaviors... an approach that helps all children to flourish beyond normal expectations.

One-Day Seminars:

Saturday - March 28, 2009

9am-3:30pm

Jowonio School - Syracuse

Saturday - April 4, 2009

9am-3:30pm

**Cornell Cooperative Extension Building
Morrisville**

Saturday - May 23, 2009

9am-3:30pm

Jowonio School - Syracuse

3-part Seminar:

Thursdays - April 23, 30 May 7

6:00-8:00pm

**Cornell Cooperative Extension Building
Morrisville**

Inner Wealth Initiative

A collaborative & grassroots movement to improve the mental health and wellness of children and families across Central NY.

Training Faculty*

Michael Gilbert, PsyD, is founder/director of It's About Childhood & Family, Inc., a not-for-profit organization. Dr. Gilbert has worked for 20 years in the mental health field, including in psychiatric hospital, foster care, group homes, and school setting. Dr. Gilbert has presented to parents and professionals throughout Central New York as well as at state and national conferences.

Wendy West Pidkaminy, LCSW, is a Licensed Clinical Social Worker and Certified School Social Worker in the state of New York. Wendy has over 15 combined years experience working with non-profit organizations, government agencies, school districts, universities, and in private practice, bringing transformation, vision, and healing to countless individuals and families.

Katherine Teasdale-Edwards, MS, NCC, has been working with children and families for 11 years within residential treatment, foster care system, and the Syracuse City School District. Katherine has extensive knowledge with in the special education transition process for students moving from the secondary school setting to the world beyond.

Andy Palumbo, MS, is a certified elementary teacher and has taught for the past 16 years. Andy has been a primary level teacher since 1992, working with kindergarten, first and second graders. He was trained in The Nurtured Heart Approach in the summer of 2008 and enjoys fostering greatness in children and adults.

Jessica Sicherman, PsyD, is a Licensed Psychologist who has been working with children and families for over 16 years, including private practice for the past 8 years. In addition, Dr. Sicherman has worked in a psychiatric hospital, school setting, and developmental evaluation center.

*Certified Nurtured Heart Trainers

www.innerwealth.org

Nurtured Heart Approach

The Nurtured Heart Approach, developed by Howard Glasser M.A., is a parenting/teaching model that fosters the child's inner strength (character and spirit), giving them the moral compass necessary to effectively deal with and solve problems as well as succeed socially and emotionally. It transforms the child to a higher level of happiness, security, conduct, and achievement.

Training Outline

Part 1: Introduction

Crucial Concepts of NHA
Strategies and Techniques

Part 2: Consequences and Limit Setting

The Credit System

Part 3: Extending Success to School

Review and Questions

Training Objectives

Participants Will Be Able To:

- Describe and utilize concepts that yield full understanding of the dynamics of a challenging child, ADHD, and whether to medicate.
- Explain why conventional methods of parenting, therapy and teaching often fail with intense children, despite the best of intentions.
- Shift a challenging child to using his or her intensity in successful ways, even if the child is diagnosed with ADHD, ODD or is difficult in other ways.
- Apply techniques to create successes that are more powerful and more extensive than traditional approaches.

Training Locations

Jowonio School
3049 East Genesee Street
Syracuse, NY 13224

Cornell Cooperative Extension Building
100 Eaton Street
Morrisville, NY 13408

Parent Support Group

Syracuse/Onondaga County
Tuesday Nights 6:30-7:30pm
Starting April 7, 2009
Jowonio School



It's About Childhood & Family, Inc. is a not-for-profit clinical and resource center dedicated to enhancing the quality of childhood and family life in our communities. Our mission is to advocate for all children by providing innovative, child-centered, and solution-focused mental health programs with a commitment to a collaborative approach to change. We believe that children should not be defined by labels, but instead by their strength, talents, and character.

315.382.0541
www.iacaf.org

Registration Form

REGISTRATION FEES*:

PROFESSIONAL	\$80
STUDENT	\$45
PARENT	\$65
COUPLES (add \$10)	\$75

*registration fee includes copy of
"Transforming the Difficult Child Guidebook"

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: () _____ - _____

E-Mail: _____

School/Agency: _____

- Training Attending: Sa 3/28
 Sa 4/4
 Sa 5/23
 Th 4/23, 30, 5/7

Please send completed form and registration fee to:

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