

It's About Childhood & Family, Inc.
P.O. Box 281
Jamesville, NY 13078

It's About Childhood & Family, Inc.
and
Nurturing Life Concepts, LLC

Training Seminar

Transforming the Difficult Child: The Nurtured Heart Approach

**Presented by
Wendy West Pidkaminy, LCSW**

A One-Day Seminar for Therapists, Day Care Providers, Social Workers, Educators, and Parents. The NHA has demonstrated amazing results for children/adolescents exhibiting challenging behaviors.

**Saturday
May 8, 2010
10am – 3:30pm**

**McMahon/Ryan House
509 West Onondaga Street
Syracuse, NY 13204**

Inner Wealth Initiative

A collaborative & grassroots movement to improve the mental health and wellness of children and families across Central NY.

Training Faculty

***Michael Gilbert, PsyD**, is founder/director of It's About Childhood & Family, Inc., a not-for-profit organization. Dr. Gilbert has worked for 20 years in the mental health field, including in psychiatric hospital, foster care, group homes, and school setting. Dr. Gilbert has presented to parents and professionals throughout Central New York as well as at state and national conferences.

***Wendy West Pidkaminy, LCSW**, is a Licensed Clinical Social Worker and Certified School Social Worker in the state of New York. Wendy has over 15 combined years experience working with non-profit organizations, government agencies, school districts, universities, and in private practice, bringing transformation, vision, and healing to countless individuals and families.

***Katherine Teasdale-Edwards, MS, NCC**, has been working with children and families for 11 years within residential treatment, foster care system, and the Syracuse City School District. Katherine has extensive knowledge with in the special education transition process for students moving from the secondary school setting to the world beyond.

***Andy Palumbo, MS**, is a certified elementary teacher and has taught for the past 16 years. Andy has been a primary level teacher since 1992, working with kindergarten, first and second graders. He was trained in The Nurtured Heart Approach in the summer of 2008 and enjoys fostering greatness in children and adults.

Jessica Sicherman, PsyD, is a Licensed Psychologist who has been working with children and families for over 16 years, including private practice for the past 8 years. In addition, Dr. Sicherman has worked in a psychiatric hospital, school setting, and developmental evaluation center.

*Certified Nurtured Heart Trainers

www.innerwealth.org

Nurtured Heart Approach

The Nurtured Heart Approach, developed by Howard Glasser M.A., is a parenting/teaching model that fosters the child's inner strength (character and spirit), giving them the moral compass necessary to effectively deal with and solve problems as well as succeed socially and emotionally. It transforms the child to a higher level of happiness, security, conduct, and achievement.

Training Outline

Part 1: Introduction

Crucial Concepts of NHA
Strategies and Techniques

Part 2: Consequences and Limit Setting

The Credit System

Part 3: Extending Success to School

Review and Questions

Training Objectives

Participants Will Be Able To:

- Describe and utilize concepts that yield full understanding of the dynamics of a challenging child.
- Explain why conventional methods of parenting, therapy and teaching often fail with intense children, despite the best of intentions.
- Shift a challenging child to using his or her intensity in successful ways, even if the child is diagnosed with ADHD, ODD or is difficult in other ways.
- Apply techniques to create successes that are more powerful and more extensive than traditional approaches.

The Nurtured Heart Approach will help you:

- Increase Communication
- Have Fun As A Family
- Have A Child/Teen That Will Listen To You And Respect You

Training Location

McMahon/Ryan House
509 West Onondaga Street
Syracuse, NY 13204

Sponsoring Organizations

It's About Childhood & Family, Inc. is a not-for-profit clinical and resource center dedicated to enhancing the quality of childhood and family life in our communities. Our mission is to advocate for all children by providing innovative, child-centered, and solution-focused mental health programs with a commitment to a collaborative approach to change. We believe that children should not be defined by labels, but instead by their strength, talents, and character.

315.382.0541
www.iacaf.org

Nurturing Life Concepts, LLC is a non-denominational Christian organization, serving everyone with warmth and genuine respect regardless of age, sex, race, religion, ethnicity, or socio-economic status. We are committed to providing high quality, effective and time-sensitive collaboration with all of the people we are privileged to serve. Our mission is to educate, equip, motivate, and collaborate with individuals of all ages throughout the world, so they may develop, perfect, and accomplish their life's passion and vision.

315.682.4005
www.nurturinglifeconcepts.com

Registration Form

REGISTRATION FEES*:

PROFESSIONAL	\$45
STUDENT	\$30
PARENT	\$35
COUPLES (add \$20)	\$55

*registration fee includes lunch (pizza, salad, soda, water)

Name(s): _____

Address: _____

City: _____ State: ____ Zip: _____

Telephone: () _____ - _____

E-Mail: _____

School/Agency: _____

Please send completed form and registration fee to:

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